



Houston County High School

Black and Silver Brigade

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July 1, 2017

Hello Black and Silver Brigade!

Band camp is just a few days away and we are very excited about the upcoming marching season! This season is going to be awesome! Having said that, here are some things you need to know for the next few weeks:

PUNCTUALITY:

- Everyone needs to report to the theater no later than 7:45 AM so that we can start right at 8:00. Remember—early is on time, on time is late, and late is inexcusable!

ATTIRE:

- Wear light colored, loose-fitting clothes. (NO TANK TOPS!) Have you noticed the heat? Yep, July will do that to you. A hat and sunscreen are also required. Please note: no one that is inappropriately dressed will be allowed to practice until they have changed into appropriate attire.

FOOTWEAR:

- Make sure you wear tennis shoes and socks. No student will be allowed to practice with improper footwear. You cannot properly execute the marching step without the right shoes!

HYDRATION:

- Drink lots of water! Keeping hydrated is the best way to beat the heat. Start drinking water **NOW**. Do not wait for band camp to start—it will be too late! Each student will need a large water bottle at all times during band camp. A 20oz bottle will not be enough. Here is an example of an adequately sized water bottle. These were recently on sale at Academy Sports for under \$5.00 and hold a ½ gallon of water:



I would also suggest purchasing a Camel Bak or some other backpack style water container for use on the field.

NUTRITION:

- Do not eat or drink milk (this means cereal, too) for breakfast! The heat will cause the milk to sour in your stomach and no one wants to see that! However, make sure you eat a hearty breakfast (toast, eggs, and grits) so that you have enough energy for the work that needs to be done. Also, avoid energy drinks and soda if possible.

SUPPLIES:

- If you need anything for your instrument (reeds, mouthpiece, valve oil), please handle this before band camp starts. **Each student will also need a 1/2" binder with sheet protectors for their music.** PLEASE do not attend without everything that you need for a successful camp!

MEDICAL:

- Please bring a completed medical form with you on Monday. This form is located in CHARMS and on the website and attached to this letter. We must have a new form on file each season. Please make sure that it is filled out completely. Also, please make sure that your child has any special medications with them during camp-inhalers for asthma, epi pens, and any dietary needs if your child is diabetic. Please take care of this. Your child will not be able to start rehearsals until this form is completed and on file.

FINANCIALS:

- Please make sure that you have paid your deposit for marching band if you have not already done so. If you have any questions about your band account, please email Mike Huber or Carol Hamilton, band booster treasurers. Their email addresses are: hocobandtreasurer@gmail.com and hocobandcotreasurer@hocoband.com. Please remember that no student will be fitted for their uniform until fees are up to date!

CALENDAR:

- This is the calendar for July. Percussion and guard rehearse July 10-15. The complete competition band rehearses July 17-21 and the football band begins rehearsals on the 24th.

2	3	4	5	6	7 8:00 AM - 3:00 PM Section Leader Workday	8
9	10 8:00 AM - 5:00 PM Percussion/ Guard Camp	11 8:00 AM - 5:00 PM Percussion/ Guard Camp 7:00 PM - 8:30 PM Mandatory Pre-Band Camp Meeting	12 8:00 AM - 5:00 PM Percussion/ Guard Camp	13 8:00 AM - 5:00 PM Percussion/ Guard Camp	14 8:00 AM - 5:00 PM Percussion/ Guard Camp	15 2:00 PM Section Leader Retreat
16	17 8:00 AM - 8:00 PM Comp Band Camp	18 8:00 AM - 8:00 PM Comp Band Camp	19 8:00 AM - 8:00 PM Comp Band Camp	20 8:00 AM - 8:00 PM Comp Band Camp	21 8:00 AM - 8:00 PM Comp Band Camp	22
23	24 8:00 AM - 12:00 PM Comp Band 1:00 PM - 8:00 PM Football Band Camp	25 8:00 AM - 12:00 PM Comp Band 1:00 PM - 8:00 PM Football Band Camp	26 4:00 PM - 8:00 PM Football Band Camp	27 4:00 PM - 8:00 PM Football Band Camp	28 4:00 PM - 8:00 PM Football Band Camp	29 9:00 AM - 11:00 AM Marching Band Pictures
30	31 4:00 PM - 6:00 PM Football Band Rehearsal 6:30 PM - 8:30 PM Comp Band Rehearsal					

We are glad to have each of you as a member of this outstanding organization! Looking forward to a great year!

Jay Davis
 Director of Bands
 Houston County High School

HOUSTON COUNTY BLACK AND SILVER BRIGADE MEDICAL FORM

In the event of an emergency necessitating medical attention to the student identified below, I hereby authorize that treatment be given by qualified and licensed medical personnel. I understand that I will be notified as soon as possible and that all expenses incurred in the treatment will be assumed either directly by me or by my insurance coverage as noted. We will have at least one medically trained personnel will be traveling with the band at all times. All prescription medications need to be in their original container. Please instruct your child that they are not to share any medications with their peers, including inhalers. All over the counter medications must be administered by staff personnel only.

PLEASE PRINT NEATLY!

Student Name _____ Sex _____ Age _____ Date of Birth ____ / ____ / ____

Current Address _____

Parent or Legal Guardians: _____ Phone #1 _____ Phone #2 _____

Emergency Contact: _____ Phone #1 _____ Phone #2 _____

Health Insurance Co. _____ Policy # _____ Group # _____

Medical History of Student

Please complete the following:				Please check if your child can receive the following:		
Condition	Yes	No	Medication for condition		Yes	No
Diabetes				Acetaminophen (Tylenol)		
Asthma				Ibuprofen (Advil)		
Fainting Spells				Cough Drops		
Convulsions				Antacids		
Abnormal Blood Pressure				Ointments, lotions, creams		
Stomach Disorder				Diphenhydramine (Benadryl)		
Insect Allergies				Dramamine		

Surgeries within the last year: _____

Allergies to drugs, insects, food, latex or other: _____

Serious medical issues not listed above: _____

List ANY medications and the medical reason for use that your student might have cause to use on a trip (i.e. antihistamine, insulin, etc.): _____

Parent/Guardian Signature

Date

Parent/Guardian Name (Print)